



## LIFE IS NOT A MOVIE SERIES!

**QUESTION:** LOVE PROBLEMS ARE A CAUSE FOR DEPRESSION AMONG YOUNG PEOPLE?

**ANSWER:** NO! DEPRESSION IS A DIFFICULT PSYCHO-PHYSICAL CONDITION THAT LASTS FOR SEVERAL MONTHS, WITH THE FOLLOWING SYMPTOMS: WITHDRAW INTO THEMSELVES, FEELING OF DESPONDENCY, SLEEPLESSNESS, LOSS OF APPETITE, OBSESSION WITH DARK THOUGHTS, HOPELESSNESS AND HELPLESSNESS. IT IS CURED BY VISITING A DOCTOR-PSYCHIATRIST AND TAKING MEDICATIONS.



**YOUNG PEOPLE SHOULD TAKE CARE FIRSTLY FOR: FINISHING MINIMUM OF HIGH SCHOOL, FINDING A JOB AND FINANCIAL INDEPENDENCE, REGULAR SLEEP AND NUTRITION.**

## JANUARY

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
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## FEBRUARY

MON	TUE	WED	THU	FRI	SAT	SUN
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ROMA ORGANIZATION FOR MULTICULTURAL AFFIRMATION  
Dabnicka St. 31, 7 500 Prilep, P.O. box 277

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## GYNECOLOGICAL EXAM DOES NOT HARM THE VIRGINITY OF A GIRL!

**QUESTION:** THE VIRGINITY IS LOST IF A GIRL VISITS GYNECOLOGIST?

**ANSWER:** NO! GYNECOLOGICAL EXAMS (SMEAR, ULTRASOUND) ARE IMPORTANT FOR EVERY GIRL AFTER GETTING THE FIRST PERIOD, FOR PROTECTION AGAINST DISEASES!

**THE PARENTS' FEAR OF GOSSIPS SHOULD NOT BE A REASON FOR HEALTH PROBLEMS OF THE DAUGHTER!**

## MARCH

MON	TUE	WED	THU	FRI	SAT	SUN
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## APRIL

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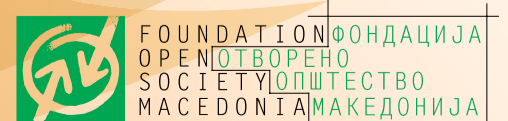
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## THE CONDOM IS A MAN'S JOB!

**QUESTION:** MEN TAKE CARE FOR SEXUALLY TRANSMITTED DISEASES?

**ANSWER:** YES! MEN TOO CAN GET AND TRANSMIT SEXUALLY TRANSMITTED DISEASES AND THAT'S WHY THEY USE PROTECTION (CONDOM) DURING INTERCOURSE. ALSO, THEY GO FOR EXAMINATION AT GYNECOLOGIST, UROLOGIST OR DERMATO-VENEROLOGIST.

**THE FEELING OF SHAME SHOULD NOT WORSEN THE HEALTH. GOING TO THE DOCTOR'S IS NOT A SIGN OF WEAKNESS, BUT OF MANLINESS.**

### MAY

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### JUNE

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## USING DRUGS IS NEITHER MODERN NOR HEALTHY!

**QUESTION: MARIHUANA, TRAMADOL AND BUPRENORPHINE ARE DRUGS?**

**ANSWER:**

- MARIHUANA IS A DRUG THAT CAUSES RELAXATION AT THE BEGINNING, BUT AFTERWARDS DISORDERS MEMORY, ATTENTION AND THINKING!
- TRAMADOL IS A PAIN RELIEF MEDICINE PRESCRIBED BY A REGISTERED DOCTOR!
- BUPRENORPHINE IS A MEDICINE USED FOR TREATMENT OF DRUG ADDICTION (LIKE METHADONE). IT IS RECOMMENDED BY THE CENTER FOR PREVENTION AND TREATMENT, AS PART OF PSYCHIATRIC HOSPITALS.

**THEIR USE WITHOUT PRESCRIPTION OR DIFFERENTLY FROM THE INSTRUCTIONS IS AN ABUSE AND A FELONY. IT CAUSES HARMFUL EFFECTS ON BRAIN FUNCTION.**

## JULY

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## AUGUST

MON	TUE	WED	THU	FRI	SAT	SUN
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## CHILDREN'S HYGIENE IS HALF THEIR HEALTH!

**QUESTION:** REGULAR WASHING OF HANDS IS IMPORTANT FOR CHILDREN'S HEALTH?

**ANSWER:** YES! IT PREVENTS INFECTIOUS DISEASES (COLD, FLUE, MEASLES...).

**PARENTS, SCHOOL AND PRESCHOOLS SHOULD PROVIDE WATER, SOAP AND TOWEL FOR EVERY CHILD.**

## SEPTEMBER

MON	TUE	WED	THU	FRI	SAT	SUN
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## OCTOBER

MON	TUE	WED	THU	FRI	SAT	SUN
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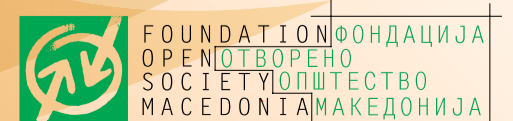
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## THE SERVICES AT REGISTERED DENTIST AND REGISTERED GYNECOLOGIST HAVE DIFFERENT PRICES!

### REGISTERED DENTIST

**FREE SERVICES:** EXAM, COATING OF BABY TEETH AND SEALING OF PERMANENT TEETH TO CHILDREN.

**WE PAY:** PUTTING A MEDICINE (150 DENARS), EXTRACTION OF TOOTH (200 DENARS), FILLING OF TOOTH (200 TO 600 DENARS), CLEANING OF TARTAR (800 DENARS) TO ADULTS.

### REGISTERED GYNECOLOGIST

**FREE SERVICES:** EXAM, VAGINAL AND ABDOMINAL ULTRASOUND, TAKING OF SMEAR FOR INFECTION, ONCE PER YEAR A PAP-TEST IF THE GYNECOLOGIST SENDS IT FOR ANALYSIS IN HOSPITAL.

**WE PAY:** ANALYSIS OF SMEAR IN CENTER FOR PUBLIC HEALTH (350 DENARS) AND ANALYSIS OF PAP-TEST IF THE GYNECOLOGIST SENDS IT IN A PRIVATE LABORATORY.

## NOVEMBER

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## DECEMBER

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